

KEY POINTS OF INTEREST

1. Alloa Tower - 14th century tower house now managed by the National Trust for Scotland
2. The Inches - islands in the upper reaches of the Forth; once farmed, reedbeds and marshland are now slowly reclaiming them
3. Views across the Forth to the haunting remains of the WW2 Bandearth Munitions Depot
4. Cambus Pools – Scottish Wildlife Trust nature reserve with reedbeds and open water attracting waders, warblers and wildfowl
5. Blackgrange bonded warehouses – look out for the strange black whisky fungus that coats the trees and buildings
6. The Ochils Fault – geological drama and ancient woodland along the old Hillfoots road
7. The Devon Valley railway line – industrial heritage and cycle-friendly route through east Clackmannanshire
8. Aberdona Mains – quiet woodland and farmland, oak-lined tracks and Scots pine plantations
9. Gartmorn Lade - 18th century lade system from the Black Devon which feeds Gartmorn dam
10. Gartmorn Dam – 170-acre reservoir engineered by Sir John Erskine, the 6th Earl of Mar, to power the pumps which drained his Sauchie mines
11. Brothie Burn - once provided the power for Alloa's industries

THE STATS

DISTANCE:	ELEV GAIN:	Trails are intended as day-long walks or cycles, but route times will vary depending on speed and en-route stops.
21.8 miles / 35km	1094ft / 333m	

GEAR

The route follows a mix of pavements, paths and trails. Make sure your footwear and clothing is appropriate for the weather and off-road paths. If cycling, there are some technical sections so you will need a bicycle with off-road capabilities.

Remember to follow the Scottish Outdoor Access Code.

ROUTE 3 : OCHIL FAULT & FORTH INCHES

Starting and finishing at Alloa Railway station, this journey winds its way through the Wee County taking in contrasting landscapes.

You will Explore Clackmannanshire's industrial present and past, passing through colliery villages, the disused rail network, secluded countryside estates and newly-created estuary wetlands.

Designed as a loop for a day-long cycling adventure, the route can also be walked over two days, using part of the Devon Way to divide the walk into an east and west loop.

WANDERINGS AND WINDINGS

Inner Forth Futures (IFF) is a partnership organisation that is taking forward the legacy of the Inner Forth Landscape Initiative. Find out more at www.innerforthlandscape.co.uk.

Wanderings and Windings (W&W) is an IFF project, supported by the National Lottery Heritage Fund. This leaflet is just one of nine Wanderings and Windings routes around the Inner Forth - day-long walks and cycles highlighting and linking some of the fantastic wildlife and historic heritage of this unique landscape at the heart of Scotland. Visit our W&W page at www.innerforthlandscape.co.uk/about/wanderings-windings to download all the leaflets and for further information on each of the routes.

If you would like to share your photos and experiences of the routes, why not join the Wanderings and Windings Facebook Group, where you can upload them for others. You can also engage with us on Twitter @innerforth.

NAVIGATION

A GPX file can be downloaded here and sent to a GPS device or to a smartphone:



You can also navigate the route by using Ordnance Survey Landranger 57 Stirling & The Trossachs Map.

Look out for the Wanderings & Windings way markers, located at key points and junctions to help guide you, and download our free 'Inner Forth Landscape Explorer' app for additional information as you navigate the route.



Route, Waymarker and Guide Design by Ian White Associates Landscape Architects



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WANDERINGS & WINDINGS



