

KEY POINTS OF INTEREST

1. Pittencrieff Park - given to Dunfermline by Andrew Carnegie in 1903; home of the Pittencrieff House Museum
2. Charlestown & Limekilns – heritage villages with the largest limekiln complex in Scotland
3. Broomhall – estate policies and lime quarries; the family seat of the Earls of Elgin, descendants of King Robert the Bruce
4. Torry Bay – a Local Nature Reserve. The mudflats and saltmarsh are great for waders and coastal bird watching
5. Comrie Dean – steep wooded glen and the eight-arched 19th century viaduct which allowed the Stirling & Dunfermline Railway to cross the Grange Burn
6. Valleyfield Woodlands Park – an historic designed landscape – come in early spring to see the spectacular displays of snowdrops
7. Preston Island - an artificial island and local nature reserve, where you can see remains of 18th century salt pans; adds 3.5 mile to your circuit
8. Culross – historic village, palace and gardens. Climb Townhouse Brae to reach the ruined West Kirk.
9. Tulliallan Castle - 19th century mansion now home of the Scottish Police College and Scottish Police Memorial
10. Devilla Forest – varied forest tracks with a chance of seeing red squirrels
11. Balgownie Wood – panoramic views of the Forth, Ochils and Lothians; stunning route through an avenue of beech trees.
12. Here the route follows the line of the old Dunfermline - Clackmannan railway, now NCN 764

THE STATS

DISTANCE:	ELEV GAIN:	Trails are intended as day-long walks or cycles, but route times will vary depending on speed and en-route stops.
34 miles / 54.7km	1854ft / 565m	

GEAR

The route follows a mix of pavements, paths and trails. Make sure your footwear and clothing is appropriate for the weather and off-road paths. If cycling, there are some technical sections so you will need a bicycle with off-road capabilities.

Remember to follow the Scottish Outdoor Access Code.

ROUTE 4 : THE FIFE THIRTYFIVE

Exploring the western part of the Kingdom of Fife between Dunfermline and Kincardine, this challenging route takes in historic harbours, rural estates and forestry.

The route takes in a variety of habitats, from coastal mudflats, popular with waders, to richly biodiverse ancient woodlands.

Starting and ending at Dunfermline Railway Station, this route comprises several sections that are well-suited to splitting into smaller loops or forming combinations.

WANDERINGS AND WINDINGS

Inner Forth Futures (IFF) is a partnership organisation that is taking forward the legacy of the Inner Forth Landscape Initiative. Find out more at www.innerforthlandscape.co.uk.

Wanderings and Windings (W&W) is an IFF project, supported by the National Lottery Heritage Fund. This leaflet is just one of nine Wanderings and Windings routes around the Inner Forth - day-long walks and cycles highlighting and linking some of the fantastic wildlife and historic heritage of this unique landscape at the heart of Scotland. Visit our W&W page at www.innerforthlandscape.co.uk/about/wanderings-windings to download all the leaflets and for further information on each of the routes.

If you would like to share your photos and experiences of the routes, why not join the Wanderings and Windings Facebook Group, where you can upload them for others. You can also engage with us on Twitter @innerforth.

NAVIGATION

A GPX file can be downloaded here and sent to a GPS device or to a smartphone:

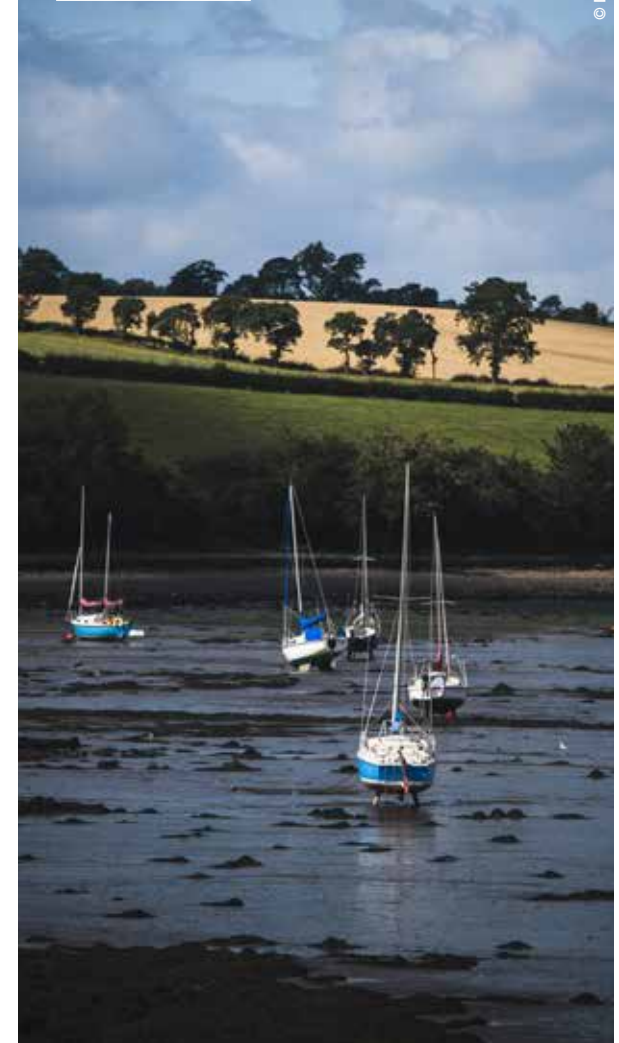


You can also navigate the route by using Ordnance Survey Landranger 65 Falkirk & Linlithgow Map.

Look out for the Wanderings & Windings way markers, located at key points and junctions to help guide you, and download our free 'Inner Forth Landscape Explorer' app for additional information as you navigate the route.



Route, Waymarker and Guide Design by Ian White Associates Landscape Architects



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WANDERINGS & WINDINGS



ROUTE 4: FIFE THIRTYFIVE

ROUTE 4 : FIFE THIRTYFIVE



-  Footpath / cycleway
-  On-road
-  Key point of interest
-  Railway station
-  Parking
-  Muddy sections

